



Pomona Public School

Fortnightly Newsletter

Term: 4 Week: 3

2nd November 2018

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Principal's Report

It is with great sadness that on Wednesday I was informed about two ex-Pomona students Kayden Cullinan and Nick Walters who passed away tragically. Pomona Public School wishes to pass on their condolences and support to the families of these young men. This will affect the Pomona community deeply. I ask that you all support each other to help everyone through this difficult time. I have included a handout with this newsletter which was provided to me from Carmen Jewell the school's psychologist and is recommended by the Australian Psychological Society.

P & C Meeting

The last P & C meeting was well represented in numbers. The major discussion points were the disco, end of year presentation, google survey results from students and the school residence.

I have met with Director Peter Macbeth regarding the residence and informed him of the P & C's wish to demolish the building and surrounds. I will keep you all informed as I am made aware of the process for this to hopefully occur.

Disco

Thank you to all the parents who assisted with setting up and helping to supervise the school disco on Wednesday night. We saw some wonderful dress ups based on the Halloween theme. The students had a very enjoyable time. We also thank Mrs Forster for organising the music for the night and helping with supervision.

Gol Gol School visit

On Friday 9th November all staff and students will attend Gol Gol School for the day. Travel will be by bus at no cost. The bus will leave at 8:30am and return by 3:00pm. Students will attend lessons along with students from Gol Gol giving them an experience in a larger school. Staff will interact with teachers from Gol Gol sharing information and ideas. Students and staff will also participate in Remembrance Day with our school leaders being involved in the ceremony.

We May Be Small But We've Got It All

Yr 5 & 6 Personal Development Talks

Once again we must thank Anita Erlandsen for visiting our school to provide important information to our 5/6 students about growing up and changes that take place to their bodies as they get older. I have attached a number of internet links recommended by Anita where students can go to find out more information about their bodies. I would also suggest parents have a discussion with their child about Anita's information session presented last Friday. Anita said she can be contacted via email anita.erlandsen@health.nsw.gov.au if you have any further questions.

Regards



David McDonnell
Principal

Important Dates For Your Calendar

November

Monday 5th November - P & C Meeting 4pm

Friday 9th November - Gol Gol School Visit and Remembrance Day Service

Tuesday 13th November - Yr 6 Orientation (Full Day)

Thursday 22nd November - End of Year Presentation/Concert

Friday 23rd November - Kinder Orientation

Monday 26th November to Friday 7th December - Stewart House Visits

Friday 30th November - Kinder Orientation

December

Friday 7th December - Kinder Orientation

Wednesday 12th December -Yr 6 Farewell (Coomie Club Auditorium)

December 12-18th -Proposed Intensive Swimming Program at Mildura Waves

K-2 Class:

Hello All

What a fun night we all had at the disco on Wednesday night held by the P&C. A huge thankyou to all the parents for their help and of course to the students for their wonderful behaviour, it certainly makes it all worthwhile to see them having so much fun.



Year 3-6:

Welcome to Maxwell Lee a new student in Year 4. Maxwell comes from South Australia to our school. Thank you to the students who have helped him settle into school life at Pomona. The students will be learning multiplication in maths and have been learning about prefixes and suffixes in English. Students have written a recount, narrative and are also working on their cinquain poems. Sadly, Ashlee is moving to another school out of the district. We wish her all the best and hope she keeps in contact with us.

We May Be Small But We've Got It All

Concert

Our Annual School Concert is fast approaching and we are well into practicing scripts, dances and entering and exiting the stage.

This year we have a request of each family and that is that each child will need to have white undergarments for their costumes i.e. white singlet and underpants

Crunch 'n' Sip

Just a quick reminder if your child brings in fruit & veggies for Crunch 'n' Sip that are hard to eat whole can you please cut them up into small bit size pieces.

Kinder Orientation

The dates for our Kinder Orientation days are:

- Friday 23 November
- Friday 30 November &
- Friday 7 December

If anyone knows of students that are thinking of enrolling at Pomona Public School next year in either Kinder or any other years please ask them to contact the school.

Year 6 Orientation

Coomealla High School are holding another orientation day on Tuesday November 13th. This will be a full day of attendance for year 6 students.

Reliable Internet Sites - recommended by Anita Erlanden

Puberty advice for girls - including free samples of their products:

<https://www.ubykotex.com.au/>

Lots of information on periods, puberty, FAQs, embarrassing questions, and free samples:

<https://becarefree.com.au/>

Contains general information on the changes associated with puberty:

<http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Puberty>

More general information about the changes and what happens when:

<http://raisingchildren.net.au/articles/puberty.html>

<https://www.healthdirect.gov.au/puberty-for-boys>

<https://www.healthdirect.gov.au/puberty-for-girls>

<http://www.nhs.uk/Livewell/puberty/Pages/puberty-signs.aspx>

Interactive Internet Sites - recommended by Anita Erlansen

Interactive Body for Girls:

www.bbc.co.uk/science/humanbody/body/interactives/lifecycle/teenagers/index.shtml?girlGenitalsGo

YouTube clip:

www.youtube.com/watch?v=oEkWMXa2684

Puberty for Boys and Girls:

<https://kidshealth.org/en/kids/grow/?WT.ac=k-nav-grow>

International Food Festival

Saturday November 17th, 2018 5-8pm



Mexican, Greek, Italian, Indian, Asian, Paella, Dessert and more

Many Food Stalls to choose from



*Pictures used for illustration purposes only

- Kids Activities
- Entertainment & Demonstrations
- Local Band Jam Jars playing all night
- Market Stalls
- Major Raffle Draw – First Prize: \$1000 Shell Voucher, Prizes in total worth over \$3500

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